

Moon Constitutions

Energy Type: The moon represents - Instincts and habits. The unconscious. Dreams. Awareness. Sleep. Sensitivity. Receptivity. Trance. Addictions. Lunar energy is cold, moist, yin, feminine. It rules periodicity, cycles, growth, conception and fertility.

Day: Monday. Lundi.

Planetary Hour: 12.00am to 03.25am. The brain hour.

Lotus Cycles: Seven year moon cycle is from **birth to age 7** and from age **63 to 70**.

Years: Moon years - 8, 16, 24, 31, 38, 46, 54, 62, 71, 79, 87, 94, 101

Mind: Perceptions. Awareness. Receptivity. Imagination. Beliefs. Memory. Unconscious. Insanity. Senility. Spaciness. Forgetfulness. Fixed ideas. Superstitions. Secretive. Hidden.

Emotions: Sympathetic. Sensitive. Instinctual. Habits. Addictions. Anxieties. Fears. Phobias. Panic attacks. Hysteria. Jealousy. Suspicion. Mania. Paranoia. Insanity. Lunacy.

Physiology: Brain. Nervous system. Unconscious. Sleep. Dreams. Instincts. Reflexes. Appetite. Thirst. Cravings. Hormones. Menstrual cycle. Menopause. Sex drive. Fertility. Conception. Pregnancy. Childbirth. Growth. Fluids. Nursing.

Anatomy: Brain. Pineal gland. Hypothalamus. Nerves. Glands. Breasts. Oesophagus. Stomach. Ovaries. Uterus. Testes. Bladder. Buttocks. Bone marrow. Lymph. Left eye.

Disorders: Breast diseases. Nursing. Infertility. Menstrual disorders. PMS. Motion sickness. Nausea. Vomiting. Mania. Night-watching. Insomnia. Nightmares. Sleepwalking. Bedwetting. Bleeding. Haemorrhage. Cancer. Coma. Chorea. Epilepsy. Parasites. Paralysis. Stroke. Worms.

Homœopathic Remedies: Anacardium. Argentum-met. Argentum-nit. Carcinosin. Cina. Cocculus. Conium. Helleborus. Hyoscyamus. Ipecac. Kali-phos. Luna. Nux-mosch. Opium. Phosphorus. Stramonium.

Herbal/Spagyric Remedies: Avena-sativa. Ginko. Gotu-kola. Lactua-sat. Passiflora. Valerian.

Folklore: Luna. Isis. Diana. Gabriel. Yin. The silver mirror, ruler of the night. Mirror of the soul. Astral body. Water. Fluid balances. Tides. Menses. Conception, pregnancy & childbirth. Moonstruck. Births. Crimes. New moon quiet, full moon active. Silver metals. Reflective surfaces.

Indicators: Mother. Queen. Infants. Children. Nursing. Silver. Pearls. Dewdrops. Magnets. Moonstone. Mirrors. Milk. Water. Dreams. Mysteries. Secrets. Sex. Growth & development.

Chakra: Brow chakra. Third eye. Pineal gland.

Metal: Silver. Argentum. Ag. Atomic weight 107.88. Silver salts.

Astronomy: 27.3 day cycle. 28 day cycle. New moon & full moon cause high tides; low tides at quarters.

Astrology: Mutable mode. Mercury principle. Water element. Moon is ruling planet of Cancer. House: 4th. Domain: 1st.

Occupations: Nurses. Counsellors. Therapists. Doctors. Social workers. Farmers. Politicians. Clergy.

Mercury Constitutions

Energy Type: Mercury represents - Active intelligence. Reasoning capacity. Communication. Learning. Speech. Writing. Coordination. Balance. Its action is to quicken, enliven and add mobility. Mercury is mutable and elusive.

Day: Wednesday. Wotan day. Mercredi.

Planetary Hour: 03.25am to 06.51am. The lung hour.

Lotus Cycle: Seven-year cycle - age **7 to 14** and age **70 to 77**.

Years: Mercury years - 15, 23, 30, 37, 45, 53, 61, 69, 78, 86, 93, 100

Mind: Analytical. Idealistic. Intellect. Attention. Mutable. Indecision. Sensitive. Dyslexia. Critical. Reasoning. Learning. Understanding. Speech. Communication. Writing.

Emotions: Restless. Sensitive. Changeable. Moody. Discontent. Hysterical. Anxious. Anguish. Over-reactive. Impulsive.

Physiology: Mental faculties. Breathing. Respiratory system. Nervous system. Brain. Senses. Hearing. Coordination. Balance. Consciousness. Oxygen. Prana. Chi.

Anatomy: Ears. Lungs. Bronchials. Chest. Mouth. Gums. Tongue. Throat. Tonsils. Larynx. Nerves. Skin. Lymph. Glands. Hands and arms. Spinal cord.

Disorders: Hyperactivity. Asthma. Colds. Earache. Coughing. Deafness. Salivation. Smoking. Sore throat. Stammering. Sweats. Tuberculosis. Pneumonia. Parkinson's disease. Syphilis. Mercury poisoning. Motion sickness. Smoking. Deafness. Lung disorders.

Homœopathic Remedies: Arsenicum. Antimonium-tart. Bacillinum. Chamomilla. Drosera. Ignatia. Lobelia. Kali-mur. Mercurius. Mercury salts. Rumex. Spongia. Tuberculinum.

Herbal & Spagyric Remedies: Lobelia. Chamomile. Grindelia. Rumex. Verbascum. Salvia.

Folklore: Hermes. Thoth. Caduceus. Thermometer. Barometer. Messenger of the gods. Language. Alchemy. Medicine. Writing. Magic. Trickster. Mind. Intellect. Communication. Mediator. Commerce. Paradoxes. Science. Technology. Thoth guides souls. The winged cap. Lucid dreaming. Meditation. Neuter. Hermaphrodite.

Indicators: Prince. Students. Youth. Teachers. Education. Wisdom. Learning. Communication. Speaking. Singing. Witty. Clever. Intellectual. Business. Travel. Speed. Air. Wind. Weather.

Chakra: Throat chakra.

Metal: Mercury. Metallic water. Hydragryum. Silver water. Hg. Atomic weight 200.6.

Astronomy: 59.65 day cycle.

Astrology: Mutable mode. Mercury principle. Air element. Ruler of Gemini and Virgo. Houses: 3rd and 6th. Domain: 2nd.

Occupations: Teachers. Educators. Communications. Business. Trade. Travel. Sports. Speakers. Singers. Actors. Medicine. Chemistry. Mechanics. Science. Technology. Computers. Telecommunications. Mathematics. Accounts. Bookkeepers.

Venus Constitutions

Energy Type: Venus represents - Harmony. Beauty. Comfort. Venus energy is open, sociable and affectionate. Loving and giving. Nurturing. Diplomatic. Compassionate. Gentle. Warm. Feminine. Unity. Creativity.

Day: Friday. Freya day. Vendredi.

Planetary Hour: 06.51am to 10.17am.

Lotus Cycle: Seven-year cycles - age **14 to 21** and age **77 to 84**.

Years: Venus years - 5, 13, 22, 29, 36, 44, 52, 60, 68, 76, 85, 92, 99.

Mind: Passive. Calm. Harmonious. Creative. Self-image. Self-pity. Vanity. Narcissistic.

Emotions: Contentment. Affectionate. Happiness. Sympathetic. Moody. Sentimental. Loneliness. Abandonment. Jealousy. Romantic. Dependent.

Physiology: Genito-urinary system. Hormones. Acid-alkaline balance. Taste. Mucus secretions. Puberty. Fertility. Pregnancy. Urination.

Anatomy: Kidneys. Bladder. Ureters. Fluids. Ovaries. Uterus. Testes. Prostate. Urine. Mucus membranes. Sinuses. Veins. Tongue.

Disorders: Venereal diseases. Discharges. Herpes. Haemorrhoids. Impotency. Kidney stones. Leucorrhoea. Sinusitis. Vaginitis. Thrush. Varicose veins. Urethritis. Warts.

Homœopathic Remedies: Cuprum-met. Pulsatilla. Berberis-vulg. Caulophyllum. Benzoic-acid. Medorrhinum. Sepia. Staphysagria. Natrum-phos. Terebinth. Apis. Thuja.

Herbal & Spagyric Remedies: Equisetum. Sarsaparilla. Sabal-serrulata. Damiana. Berberis-vulg. Helonias. Solidago. Petroselinium.

Folklore: Aphrodite. Sukra. Goddess of love and beauty. Romance. Courtship. Love. Peace. Diplomacy. Symbol of venus is the mirror of vanity.

Indicators: Spouse. Wife. Lover. Harmony. Social relations. Music. Dance. Poetry. Drama. Music. Art. Beauty. Marriage. Sex. Pleasure. Flowers. Perfume. Spring. Dawn.

Chakra: Sacral chakra. Gonads.

Metal: Copper. Cuprum. Cu. Atomic weight 63.45. Colourful metal. Harmony metal. Combines easily. Higher % of copper in women.

Astronomy: 224 1/2 day cycle.

Astrology: Mutable mode. Mercury principle. Water element. Ruler of Taurus and Libra. Houses: 2nd & 7th. Domain: 3rd.

Occupations: Musicians. Artists. Dancers. Singers. Actors. Decorators. Cosmetics. Beauticians. Diplomats. Social workers. Counselors. Gardening. Feng-shui.

Sun Constitutions

Energy Type: The sun generates Life and Vitality. It represents - Light. Outward energy. Leadership. Willpower. Dignity. Nobility. Creativity. Generosity. Compassion. Unconditional love. The sun's action is - to Shine. Enliven. Express. Vitalise. Improve. Enoble. It brings Joy. Contentment. Calmness. Selflessness. Spirituality. Self-expression. Rebirth. Elevation.

Day: Sunday. Dimanche.

Planetary Hour: 10.17am to 1.42pm. The heart hour.

Lotus Cycle: The sun governs a 21-year cycle, from age **21 to 42**, and age **84 to 105**.

Years: Sun years - 4, 12, 20, 43, 51, 59, 67, 75, 83.

Mind: Personality. Ego. Willpower. Aspiration. Pride. Arrogance. Selfishness. Attachment. Materialistic. Overinvestment. Creative. Artistic.

Emotions: Sympathy. Love. Sentimental. Sunny. Grief. Broken heart. Depression. Despair. Hopelessness. Suicidal.

Physiology: Arterial circulation. Vitality. Vision. Vital heat. Blood circulation. Consciousness. Photosensitivity.

Anatomy: Heart. Blood. Eyes. Right eye. Upper back. Spleen. Spinal column. Thoracic spine.

Disorders: Heart diseases. Heart attack. Allergies. Dermatitis. Skin cancer. Heatstroke. Sunstroke. Fevers. Radiation poisoning. Photophobia. Chills. Hot flushes. Skin rashes. Eye diseases. Vision problems.

Homœopathic Remedies: Aurum-met. Aurum-mur. Natrum-mur. Euphrasia. Glonoine. Cactus. Digitalis. Sol.

Herbal & Spagyric Remedies: Crataegus. Cactus-grand. Euphrasia. Helianthus. Apocynum.

Folklore: Sun god Apollo. Ra. Ravi. Osiris. Michael. Royalty. The King. Symbol of the sun is the shield of Helios. Eye of Ra. Day's eye.

Indicators: King. Father. Male. Royal. Pride. Ego. Authority. Purity. Nobility. Compassion. Loyalty. Willpower. Vitality. Rebirth. Soul. Wealth. Riches.

Chakra: Heart & Solar Plexus.

Metal: Gold. Aurum. Au. Atomic weight 197.2. Noble metal - doesn't rust, malleable, survives the fire, immortal, precious.

Astronomy: One year cycle of zodiac, 365.25 days.

Astrology: Cardinal mode. Sulphur principle. Fire element. Ruling planet of Leo. House: 5th. Domain: 4th.

Occupations: Artists. Actors. Religion. Politics. Jewelers. Management. Leadership. Teachers.

Mars Constitutions

Energy Type: Mars represents - Fire. Passion. Energy. Assertiveness. Initiative. Willpower. Strength. Independence. Its action is to Energise. Inspire. Defend. Stimulate. Aggravate. Mars energy is Hot. Fiery. Aggressive. Masculine. Destructive. Powerful. Domineering. Mars rules Shocks. Trauma. Warriors. Sports. Competition.

Day: Tuesday. Mardi.

Planetary Hour: 1.42pm to 5.08pm. The Blood hour.

Lotus Cycle: Seven-year cycle - age **42 to 49**.

Years: Mars years - 3, 11, 19, 27, 34, 41, 50, 58, 66, 74, 82, 90.

Mind: Aggressive. Assertive. Confident. Independent. Strong willpower. Focused. Ambitious. Competitive. Domineering. Obstinate. Determined. Intent.

Emotions: Anger. Abusive. Irritable. Fiery. Impatient. Courageous. Brave. Violent. Jealous. Possessive. Temper tantrums. Outbursts. Sexual. Animalistic.

Physiology: Blood. Immune system. Blood pressure. Circulation. Hormones. Temperature. Sex. Survival instinct.

Anatomy: Blood cells. Haemoglobin. Bile. Gallbladder. Adrenal glands. Muscles. Tendons. Genitals. Arteries. Head. Face.

Disorders: Accidents. Injuries. Acute diseases. A.I.D.S. Anaemia. Attacks. Bites & stings. Blows. Cuts. Emergencies. Fevers. Cholecystitis. High blood pressure. Infections. Sepsis. Sprains. Stabs. Stroke. Surgery. Wounds.

Homœopathic Remedies: Ferrum-met. Ferrum-phos. Aconite. Apis. Arnica. Bellis-perennis. Staphysagria. Calendula. Cantharis. Hypericum. Lachesis. Natrum-sulph. Nux-vom. Scorpion. Urtica-urens.

Herbal & Spagyric Remedies: Calendula. Crataegus. Echinacea. Hamamelis. Millefolium. Plantago. Red clover. Sanguinaria. Urtica- urens.

Folklore: The god of war. Power. Control. Red cross. Vulcan. Iron. Steel. Blood.

Indicators: Warriors. Battles. Knives. Weapons. Storms. Blood. Steel. Red. Surgery. Victory. Sports. Willpower. Heroics.

Chakra: Solar Plexus.

Metal: Iron. Ferrum. Fe. Atomic Weight 55.85.

Astronomy: 22 month cycle; 686.9 days.

Astrology: Cardinal mode. Sulphur principle. Fire element. Ruling planet of Aries and Scorpio. Houses: 1st and 8th. Domain: 5th.

Occupations: Soldiers. Military. Police. Politicians. Athletes. Sports. Actors. Singers. Medicine. Surgery. Dentistry. Science. Chemistry. Demolition. Firefighters. Pyrotechnics. Technology.

Jupiter Constitutions

Energy Type: Jupiter is the largest planet & it represents - Expansion. Growth. Opportunity. Higher mind. Wisdom. Enthusiasm. Optimism. Benevolence. Generosity. Its action is to expand, preserve and to increase. Health. Vitality. Growth. Abundance. Accumulation.

Day: Thursday. Thor's day. Jeudi.

Planetary Hour: 5.08pm to 8.30pm. The liver hour.

Lotus Cycle: Seven-year cycle - age **49 to 56**.

Years: Jupiter years - 2, 10, 18, 26, 33, 40, 48, 57, 65, 73, 81, 89, 96.

Mind: Beneficial. Generous. Loyal. Vital. Optimistic. Humane. Witty. Over-indulgence. Appetite for life.

Emotions: Jovial. Good-tempered. Lively. Greedy. Insecurity. Worry.

Physiology: Digestive system. Assimilation. Metabolism. Thyroid gland. Appetite. Cell growth. Weight gain. Fat. Growth.

Anatomy: Liver. Gall-bladder. Digestive tract. Bile ducts. Pancreas. Abdomen. Intestines. Navel. Hips. Feet. Blood. Thyroid.

Disorders: Digestive disorders. Diabetes. Low blood sugar. Gallstones. Indigestion. Acidity. Gas. Bloating. Jaundice. Hepatitis. Haemorrhoids. Malassimilation. Obesity. Malnutrition. Weight gain.

Homœopathic Remedies: Lycopodium. Chelidonium. Cholesterinum. China. Hydrastis. Leptandra. Mag-mur. Nux-vom. Stannum-met. Tarax.

Herbal & Spagyric Remedies: Aloe vera. Alfalfa. Carduus-mar. Chelidonium. Hydrastis. Leptandra. Podophyllum. Olive oil. Taraxacum.

Folklore: Zeus. Guru. Jove. Thor. Judge. Lawmaker. Father. Guru. Riches. Cross and crescent moon, first letter of Greek for Zeus. Oxygen compounds.

Indicators: Business. Wealth. Fortune. Luck. Happiness. Wisdom. Philosophy. Religion. Food. Cooking. Farming. Growth. Harvest. Investments. Accumulations. Trees. Rainforest. Wood element.

Chakra: Navel or solar plexus.

Metal: Tin. Stannum. Tropical metal. Sn. Atomic weight 118.7. Liver has highest tin content, lungs the lowest.

Astronomy: 12 year cycle. 13 moons. 10 hour day.

Astrology: Salt principle. Earth or Wood element. Ruling planet of Sagittarius and Pisces. Houses: 9th and 12th. Domain: 6th.

Occupations: Business. Trade. Bankers. Judges. Teachers. Chefs. Hoteliers. Farmers. Religion. Carpenters. Accountants. Bookkeepers. Financial planners. Treasurers.

Saturn Constitutions

Energy Type: Saturn represents - Organisation. Structure. Responsibility. Idealism. Morality. Order. Integrity. Endurance. Fortitude. Its action is to establish order, to preserve, test, discipline and solidify. Entropy law. Cold. Slow. Contraction. Hardening. Solidifying. Heavy. Inward. Destruction. Breakdown. Obstruction. Limitation. Chaos. Death.

Day: Saturday. Samdie.

Planetary Hour: 8.30pm to 12.00 midnight. The spleen hour.

Lotus Cycle: Seven year cycle - age **56 to 63**.

Years: Saturn years - 1, 9, 17, 25, 32, 39, 47, 55, 64, 72, 80, 88, 95.

Mind: Idealistic. Over responsible. Structured. Organised. Fastidious. Serious. Moralistic. Industrious. Fixed ideas. Pessimistic. Opinionated.

Emotions: Closed. Sorrow. Morose. Gloomy. Worry. Anxiety. Insecurity. Chaotic. Hard hearted. Cold. Despairing. Melancholic.

Physiology: Longevity. Ageing process. Death. Mineral metabolism. Breakdown of cells.

Anatomy: Spleen. Bones. Teeth. Joints. Structure. Alignment. Ligaments. Neck. Back. Spinal column. Back. Knees. Skin. Rectum. Parathyroid glands.

Disorders: Ageing diseases. Arthritis. Bone disorders. Calcium metabolism. Cancer. Chronic diseases. Contractions. Decay. Degeneration. Emaciation. Gallstones. Gangrene. Gout. Kidney stones. Lead poisoning. Leukaemia. Mineral deposits. Osteoporosis. Osteoarthritis. Plague. Poisoning. Radiation sickness. Rheumatism. Scar tissue. Sclerosis. Stiffness. Tooth decay. Ulcers. Weakness. Weight loss.

Homœopathic Remedies: Alumina. Arsenicum. Cadmium-sulph. Calc-carb. Calc-phos. Calc-fluor. Carcinosis. Causticum. Graphites. Hekla-lava. Petroleum. Plumbum. Radium-brom. Silica. Strontium-carb. Thios.

Herbal & Spagyric Remedies: Ceanothus. Symphytum. Castor oil (ext).

Folklore: Chronos - the god of time. Entropy. Law and order. Limitations. Lord of karma. Sickie. Grim reaper. Neuter. Hermaphrodite.

Indicators: Servants. Ascetics. Spirituality. Ageing. Longevity. Structure. Law and order. Justice. Discipline. Responsibility. Decay. Death. Toxicity. Poisons. Sclerosis. Fermentation. Calcification. Stones. Deposits.

Chakra: Base or spleen chakra.

Metal: Lead. Plumbum. Pb. Atomic weight 207.2. Heavy metal.

Astronomy: 28 to 30 year cycle.

Astrology: Fixed mode. Salt principle. Earth element. Ruling planet of Capricorn and Aquarius. Houses: 10th and 11th. Domain: 7th.

Occupations: Servants. Labourers. Engineers. Lawyers. Judges. Politicians. Police. Architects. Carpenters. Mechanics. Physical therapists. Doctors. Scientists. Miners. Technology. Social workers.